# For more information

## mediarecorder help

The MediaRecorder Help opens when you press F1 in the program. It can also be accessed in the Windows apps screen, and can be downloaded from the MyNoldus portal. From the **Help** menu select **Noldus Online** and then **MyNoldus portal**.

## training courses

Noldus offers training courses to help you get the most out of our software/hardware. In addition to on-site courses at your lab and in-house courses at our headquarters in Wageningen (The Netherlands) and Leesburg (VA, USA), we offer remote training courses.
Remote trainings are available in the same range of languages as on-site courses. Please contact your sales representative for more information about trainings.

## support

If you encounter problems, contact Noldus Technical Support, from the **Help** menu select **Noldus Online** and then **MyNoldus portal** and submit a support case or find a helpdesk in your region.

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